Introducing IceWave

Imagine rapid, drug-free pain relief...Now imagine it’s yours with LifeWave.

- Safe & natural pain relief
- Can be used for whole body & local pain
- Convenient & easy to use
- Fast results

Our exclusive non-transdermal patch system utilizes new technology to gently stimulate acupuncture points – literally improving the flow of energy in the body for improvement of pain and discomfort - within minutes of use!

**IceWave®** provides relief for sore muscles, sprains, strains and other injuries due to intense exercise. IceWave™ works immediately providing the injured area with a thermal effect. Local thermal effects include the reduction of excess heat in an injured area; reduced pain, reduced soreness, and restoration of range of motion to the specific injured site.

Take a look at the actual before and after pictures below and notice how the reduction of "hot spots" is clearly evident. This local thermal effect means that excess heat is reduced to an injured area and what follows is reduced pain, reduced soreness, and restoration of range of motion to the specific injured site.

The top two infrared photo’s show areas of inflammation in the neck, shoulders and lower back. Within 5 minutes of applying the LifeWave pain relief patches a dramatic reduction in temperature and inflammation may be noted. These photo’s were taken as part of a double blind placebo controlled study. The overall results were that 34 out of 36 people responded as above to the IceWave patches.

**Clinical studies show Ice Wave's effectiveness**

Double Blind Placebo Controlled Studies utilizing medical Infrared imaging clearly shows the unique thermal regulatory effect of IceWave patches. Simply apply the White IceWave patch to the center of the chest and the Tan IceWave patch to the site of pain. Can be worn for up to 12 hours.
**Frequently Asked Questions**

**Why haven't I experienced pain relief?**
There could be many reasons why you have not yet experienced pain relief, the most common of these being dehydration. Drink one to two glasses of water, wait 20-30 minutes, and reapply the patches. Also, try the different locations suggested in this manual; experience has shown that one of the recommended placements will produce effective results.

**How long does it take to experience pain relief with the patches?**
Although individual results vary, many people experience pain relief within minutes of patch use.

**How many patches can I wear for pain relief?**
You may use additional sets of patches in special circumstances, but using up to 2 sets of patches is generally sufficient. You can placing one set of patche on the bottom of the feet on Kidney-1 (WHITE on RIGHT, TAN on LEFT) and one set of patches on the elbows at Heart 3 (WHITE on RIGHT, TAN on LEFT).

**When should you use the White patch on the pain instead of the Tan patch?**
Place the WHITE patch on the pain only AFTER you have tried placing the TAN patch on the pain with the Clock Method. Now, follow the Clock Method instructions, using the WHITE patch on the pain in place of the TAN patch.

**Where do I place the patches for knee pain?**
Place the TAN patch on the inside of the knee, and the WHITE patch on the outside of the knee.

**How does IceWave work if nothing enters the body?**
This is a non-transdermal patch with a new technology that gently stimulates acupuncture points to improve the body’s energy flow for relief of minor aches and pain. No drugs, stimulants, magnets or needles are used.

**Are the patches safe to use?**
The patches are non-transdermal, meaning that nothing enters the body. Additionally, LifeWave uses a patch adhesive that is hypoallergenic. Homeopathy and acupressure have been long known for their safety and efficacy. If you have a health condition, please consult your physician before using LifeWave products.

**Have the patches been independently tested?**
LifeWave has completed dozens of clinical studies that prove the patch products improve health and wellness. For a complete library of the publically available clinical research studies, visit the LifeWave website at [https://www.lifewave.com/corporphan/home/science](https://www.lifewave.com/corporphan/home/science).

**How long can I wear the patches on my body?**
The patches may be worn for up to twelve hours. Discard the patch after use and wear a new patch with each use.

**Where do you apply the patches for best results?**
Each patch product has its own list of recommended placements along with detailed instructions for use. Refer to the appropriate Instructions for Use Booklet for recommended placements for each product.

**Do I have to be an expert in acupuncture, acupressure, or homeopathy to use the patches?**
No, you can effectively use the patches by following the protocols outlined in the LifeWave Instructions for Use booklets and on the LifeWave Training website ([www.LifeWaveTraining.com](http://www.LifeWaveTraining.com)).

**What is in the patches?**
The patches contain a patent pending blend including amino acids, water, stabilized oxygen, and natural organic compounds. None of the materials in the patch enters the body.
Icewave Testimonials

“A friend of ours told us about the IceWave patches. My wife has an injury in her left ankle due to a prior accident, which makes her suffer enormously, especially if she walks a lot. She was going on vacation to Columbia where she was going to go on mountains and rocky places and wondered if she would be able to make it. We bought the IceWave patches to try during the vacation and the friend who introduced us to LifeWave is stunned at how pain-free for the entire two-week trip. We spoke about the patches to our family and friends, who are now using them and they have had great results and recently became distributors. Thank you LifeWave for the many blessings.”

- Claude Côté
LifeWave Distributor
Canada

“I had frozen shoulders and had been to acupuncture for several weeks for the pain that wouldn’t stop. When I came to a meeting with my LifeWave sponsor, she put one brown patch on the neck and one white on the sternum. Within 2 minutes the pain was gone!!! The next morning when I woke up, I felt so good, I knew I had to get some more patches and went back for another meeting to sign up! This was 2009 and my shoulders are fine, but I still patch up whatever area I or any of my friends have trouble with. I am really so grateful to have learned about LifeWave and I am using the patches all the time.”

- Karin Wikman
LifeWave Distributor

“I used the IceWave on my reflexology client, who has been receiving cortisone shots for knee pain. Her MD said she could not have any more as she has had many. She started using "Icy Hot" patches, but her skin got very irritated. I patched her with Icewave on KI-1, and HT-3 with an Aeon on GV-14. Great results immediately and she bought them that night. My construction worker client has had pain deep in the tissue directly below HT-3 on right arm. Repetitive motion from sawing and hammering. Immediate relief and his comment was, "This is not possible, it feels different from the pain relief patches and Biofreeze. The pain is not masked, it is gone." It was hard to choose one patch as I have success stories with each one.”

- Doreen Roberts,
LifeWave Distributor
California, USA

“The first time I used the LifeWave [IceWave] Patches I had a rib out of place. I couldn’t get into my doctor. I was in so much pain I couldn’t breathe. My upline sponsor came all the way up from Anaheim to show me the patches and do a demo. Within 10 seconds I could feel the pain lift. I could breath for the first time. I was amazed!! I was a believer from then on. I went to see my doctor and he was having back pain and I patched him. He is coming to the event to meet with my sponsor. He is just as excited as I am. I want to tell the world about LifeWave.”

- Simona Lee
LifeWave Distributor
CA, USA

“I recently was called over to help out a 90 year old man who has a compression fracture in his spine. I touched his back from his neck to his buttocks. When I got to where the fracture was...he winced in pain and arched away from my hand. I placed a glutathione patch on the spine and then a tan icewave patch above the glutathione and a white icewave patch below the glutathione patch. In less than two minutes...I ran my hand down his back and pressed even harder at the original pain site. NO REACTION AT ALL! Thank you, Lifewave for creating a wonderful product that helps so many people!”

- Kathy Arnaud, for Henry Ditter
LifeWave Distributor
For 10 years prior my wife suffered the disabling and agonizing effects of Reflex Sympathetic Dystrophy (RSD) in both hands/arms. We had tried all that conventional medicine has to offer. Over the decade the RSD progressed and my wife's pain levels averaged 8 to 10 on "good days", 10++ most days, on the scale of 1 to 10. She was bed ridden, unable to perform daily activities (bathroom, dressing, eating, etc.) without constant assistance. I am her sole caregiver. The first application of IceWave patches on her right arm/hand dropped the pain levels to 2 within 30 seconds!

Now, just over a year later, she is off ALL pain meds and her SCS implant generator and leads have been removed. Her pain levels now average 1 1/2 to 2 the majority of the time, and she is slowly regaining the use of her hands/arms! She uses 1W patches daily, along with the Y-AGE protocol.

- Leonard Desroche Jr., for Allein L. Dwyer
  LifeWave Distributor

12 years ago I was involved in a serious car accident which left me with severe neck pain. My husband found your company on the internet and thought we should try the patches on my neck. I have tried many things in the past like acupuncture, massage, chiropractors, rehabilitation centers, and prescription drugs and I was not getting much relief for my pain. Up until now the acupuncture was the only thing that gave me any relief. I have had MRI scans and x-rays and most doctors have recommended that I have surgery on my neck. I had really started to consider the surgery as my pain can be unbearable at times. On rainy days the pain was even worse and my husband always could tell what type of weather we were going to have just by seeing my pain level when we woke up in the mornings.

When I first saw the patches I thought this was going to be a joke. My husband placed the patches on me with tape and did not remove the tape from the patches just to make me feel more comfortable because I was worried that perhaps something would enter my body through the patches. We followed the instructions by placing the brown patch on the pain. We waited a few minutes and nothing happened so then my husband placed the white patch near the brown patch. I remember this very well as I started to get a warm feeling on my neck and when I touched the area of pain it seemed to be gone. I was shocked and looked at my husband in disbelief. For the next couple of weeks we used a new patch daily and sometimes would have to re-position the patches to other areas on my neck. On most days I was getting 100% pain relief.

After 2 months of using your product I can recommend your product to anyone. I am now able to use the patch every second day and my neck has never felt better. I can now go on long trips by car which was impossible before without suffering from severe pain.

- Yumi Hartley
  LifeWave Distributor
  Japan